

## Average U.S. Retail Food Prices

Cereal and Bakery Products		
	Flour, white, all purpose for a 5 lb bag	\$2.55
	Rice, white, long grain, 2 lb bag	\$1.38
	Spaghetti and macaroni per lb.	\$1.31
	Bread, white	\$1.42
	Bread, whole wheat	\$2.01
	Cookies, Chocolate chip	\$3.84
Meats, Poultry, Fish and Eggs		
Beef and Veal		
	Ground chuck, 100% beef per lb.	\$3.32
	Ground beef, 100% beef per lb.	\$2.99
	Ground beef lean and extra lean per lb.	\$3.96
	All uncooked ground beef, per lb.	\$3.66
	Chuck roast per lb.	\$4.01
	Round roast per lb.	\$4.10
	All uncooked Beef Roast per lb.	\$4.68
	Steak, round, per lb.	\$4.63
	Steak, Sirloin, per lb	\$5.54
	Beef for stew, boneless per lb.	\$4.42
	All uncooked beef steaks per lb.	\$6.20
	All Uncooked other beef (excluding Veal) per lb.	\$3.71
Pork		
	Bacon, Sliced, per lb.	\$4.53
	Chops, center cut, bone-in, per lb.	\$3.72
	Chops, boneless, per lb.	\$3.99
	Ham, rump or shank half, bone-in per lb.	\$2.07
	Ham, boneless per lb.	\$3.67
	All other pork per lb.	\$2.66
	Bologna per lb.	\$2.86
Poultry		
	Chicken, fresh, whole, per lb.	\$1.40
	Chicken breast bone-in per lb.	\$2.25
	Chicken breast, boneless, per lb.	\$3.17
	Chicken legs, bone-in per lb.	\$1.59
	Turkey, frozen whole, per lb.	\$1.79
Eggs		
	Eggs, grade A, large per dozen	\$1.82
Dairy Products		
	Whole Milk per gallon	\$3.47
	Butter per lb.	\$3.18
	American processed cheese per lb.	\$4.25
	Cheddar cheese per lb.	\$5.62
	Ice cream per ½ gallon	\$5.20

<b>Fruits and Vegetables</b>		
	Apples, Red Delicious, per lb.	\$1.25
	Bananas per lb.	\$.60
	Grapefruit per lb.	\$.93
	Grapes per lb.	\$2.68
	Lemons per lb.	\$1.51
	Pears per lb.	\$1.18
	Strawberries	\$1.80
	Potatoes, white, per lb.	\$.69
	Iceberg Lettuce per lb.	\$.78
	Romaine Lettuce per lb.	\$1.47
	Tomatoes per lb.	\$1.38
	Broccoli per lb.	\$1.56
	Cabbage per lb.	\$.64
	Celery per lb.	\$.80
	Sweet Peppers per lb.	\$2.60
<b>Processed Fruits and Vegetables</b>		
	Orange Juice, frozen concentrate 12 oz can	\$2.78
	Beans, dried any type per lb.	\$1.45
<b>Sugar and Sweets</b>		
	Sugar, white, 5 lb bag	\$3.50
<b>Fats and oils</b>		
	Margarine stick per lb.	\$1.19
	Margarine tub per lb.	\$1.99
	Peanut butter per lb.	\$2.79
<b>Beverages</b>		
	Cola	
	Coffee 100% ground roast per lb.	\$5.53
<b>Other prepared foods</b>		
	Potato chips per 16 oz.	\$5.01

\*Average prices may vary by location. Average Prices are based on the U.S. city average provided by the U.S. Bureau of Labor Statistics and is based on April 2012 prices.