

Microwave Tacos

Ingredients

- 1 pound ground beef
- 1 1/2 teaspoons chili powder
- 1/2 teaspoon salt
- 1/2 teaspoon garlic powder
- 1/8 teaspoon cayenne pepper
- 1/4 cup water
- 8 medium taco shells, warmed
- 2 cups shredded Cheddar cheese
- 2 cups shredded lettuce
- 1/4 cup finely chopped onion
- 1 medium tomato, chopped
- taco sauce

Directions

1. Crumble the ground beef into a 1 1/2 quart casserole dish. Cover with glass lid. Cook in the microwave for 5 minutes on High. Drain, and stir in chili powder, salt, garlic powder, cayenne pepper and water. Cover and return to the microwave. Cook for another 3 to 4 minutes on High.
2. Fill each taco shell with about 2 tablespoons of the ground beef, then top with desired amounts of cheese, lettuce, onion, tomato and taco sauce.