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Keeping My Home Clean

In this section, youth will learn how to keep their home clean using the appropriate materials and tools. Youth will also learn how to create a cleaning schedule to help them stay on track.

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Keeping My Home Clean

<i>Age Range</i>	14-21
<i>Skill Focus</i>	Youth will be able to identify the importance of regular cleaning using a variety of cleaning tools and materials.
<i>Group Size</i>	3+
<i>Time Required</i>	65 minutes
<i>Materials Needed</i>	<ul style="list-style-type: none"> - Flip chart paper/whiteboard and markers - <i>House Cleaning Checklist</i> - <i>Who Wants to be a Millionaire PowerPoint Game</i> - Computer - Projector - Internet connection
<i>Adapted From</i>	Preparing Adolescents for Young Adulthood

Leader's Notes:

What a Mess Activity	15 minutes
Cleaning Schedule	15 minutes
Who Wants to Be a Millionaire Game	30 minutes
Final Thoughts	5 minutes

What a Mess Activity (15 minutes)

Read the following scenario to youth: “You just moved into a new apartment and realized that the previous tenants weren’t very clean. Here are some issues you found. What would you do to clean up the following items?”

Review each scenario one by one eliciting responses from the youth.

1. The refrigerator doesn’t self-defrost. There is one inch of ice on the freezing compartment. A piece of smelly cheese was left in the meat tray. The tray is moldy.
2. The bathroom shower is full of black mold and scum.
3. The sink drains slowly and there is a rust spot where the water was dripping.
4. There is a dirty film on the windows, making it difficult to see out.
5. The oven has spills and looks like it hasn’t been cleaned in a long time.
6. The white porcelain sink has black marks on it.
7. The bathtub has a ring around it.
8. The person who helped you move had mud on their shoes and it is now on the kitchen floor that is vinyl.
9. There are scrape makers on your oak table.
10. When you were cooking dinner for everyone who helped move you splattered grease on the stove.
11. One of the friends who helped you move spilled soda on your couch and some dripped on the carpet.
12. The light bulb in the bedroom is burnt out.
13. After cleaning your window you realized that the window in the living room has been painted shut.

Cleaning Schedule (15 minutes)

Flip Chart Activity

Have four flip charts around the room (or four pieces of flip chart paper hung up) with markers at each spot. Draw two columns on the paper. On one side label the paper with one of the following terms: *Kitchen, Living Room, Bathroom, and Bedroom*. On the other column write "How Often".

Start by asking the youth: *Do you love cleaning? Do you have chores you do at home?*

Have the youth go around to each paper and write down a chore or cleaning task that needs to be done in each room on the left-hand side and on the right-hand side under "How often" ask them to write how often that task should be done. If they agree with the length of time that another youth wrote tell them to put a check mark, if they don't agree ask them to put a different time frame. Once the youth have a few minutes to do this, read through each room and have a brief conversation if there are conflicting time frames.

Cleaning Schedule Activity

Pass out the ***House Cleaning Checklist*** to each youth. Point out to the youth that the activities listed on this sheet are cleaning activities that must be completed on a regular basis. Tell the youth that they should take this handout home and hang it on their refrigerator or another prominent place in their home to remind them to keep their home clean and tidy.

The youth can keep track of the cleaning activities that they have completed by placing a check mark in the box next to the specified activity. Remind the youth that keeping their apartment clean can help assure that they get their security deposit back and save them money in the long run. Also this will help the youth to make sure that creatures such as rats, mice, and roaches are not making themselves at home in their apartment.

Who Wants to Be A Millionaire Cleaning Game (30 minutes)

Open up the *Who Wants to Be a Millionaire PowerPoint* game.

Note: The leader should have the computer, projector, and PowerPoint ready to go prior to the beginning of the workshop. Leader should also take some time to become familiar with the game prior to the training as it may take some time to learn how it works. The PowerPoint includes notes that will provide instructions on how to play the game, access the lifelines, advance to the next question, etc.

Activity Instructions:

First split the group into two equal teams. Explain to the youth that they will be playing *Who Wants to be a Millionaire* by working in teams. To win the game, the teams will need to correctly answer questions about keeping their house clean. The team with the most points at the end of the game will be the winners. Remind the youth that they are to work as a team to answer the question. Designate one person on each team as the team spokesperson.

Each team will have an opportunity to use 3 lifelines throughout the game. To use a lifeline, click on the desired lifeline on Slide 2 of the Powerpoint. Please refer to the notes in the PowerPoint for additional information on how to use the lifelines.

The 3 lifelines are:

- **50:50** - Choices will narrow down the answers from 4 to 2
- **Phone a Friend** - Youth will be linked to Ask.com
- **Ask the Audience** - Youth can poll the rest of the participants to see what the most popular answer is
 - Remind the youth that they are to answer the Ask the Audience questions honestly as they may also have to use this lifeline and will want other participants to help them identify the correct answer to get the points.

Flip a coin to see which team will go first. Click on the \$100 question and give Team 1 a chance to discuss amongst themselves and answer (or use a lifeline). If the team's spokesperson gets the question correctly, they get the points. If they answer incorrectly, Team 2 will have a chance to answer and receive the points. The facilitator will utilize the answer key on the following page to determine if the answer is correct.

After the first question, Team 2 will be asked the second question (even if they “stole” the points from question 1). Continue to go back and forth until all of the questions are answered or if time runs out.

Note: You may want to have a co-facilitator or helper who will assist you with keeping score, recording lifelines used, etc. It also could be helpful to have a second computer or iPad set up so youth can access Ask.com if they phone a friend without switching slides in the Powerpoint.

Who Wants to be A Millionaire Answer Key

100-When Cleaning a Toilet you should...

Answer: A. Use a toilet brush

200-When cleaning carpets you should...

Answer: C. Vacuum once a week

300-When cleaning a bathtub you should NOT...

Answer: B. Leave soap scum

500-When cleaning plastic laminate kitchen counters you should...

Answer: A. Both B & D

1000-When defrosting a freezer you should NOT...

Answer: D. Keep food in the freezer

2000-When cleaning a stove you should...

Answer: C. Wash pans under burner

4000-The first thing to do when a toilet is overflowing is...

Answer: B. Turn off the water valve to toilet

8000-Which task does NOT need to be done daily?

Answer: C. Vacuum

16000-What does NOT save energy?

Answer: D. Taking a bath instead of a shower

32000-When measuring for a curtain or a shade do NOT...

Answer: B. Loose receipts

64000-Wattage refers to...

Answer: A. flow of electricity

125000-This statement is false

Answer: B. It's not necessary to clean under the refrigerator

250000-Which of these items is TRUE

Answer: C. Water stains on wood furniture may disappear

500000- You can clean a stainless steel sink with...

Answer: D. Detergent & water

1,000,000-Which item is TRUE:

Answer: A. A quality paint brush has split ends

Final Thoughts (5 minutes)

After the game, do a recap of everything the youth have learned during the workshop. Reiterate the importance of keeping your home clean and ask if the youth have any questions about anything discussed today.